

UTAH VALLEY DIGEST

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ALL SCHOOLS

Fall break — There will be no classes Thursday through Friday. Classes will resume on Oct. 18. This is a correction to a previously printed district calendar.

AMERICAN FORK

Road construction — Through late December, 900 West will be closed while crews reconstruct the road, complete utility work and place concrete paving. All motorists and buses will need to use 1020 West to access the businesses.

AMERICAN FORK HIGH SCHOOL

Testing information — The PSAT test is scheduled for Wednesday at 7:45 a.m. in the media center. Students should have already pre-registered for the test. Those students who were on a waiting list should have already paid at the student finance office.

The next ACT test is Oct. 23. Students should have already pre-registered online at act.org. The next ACT test will be Dec. 11. The registration deadline for the December test is Nov. 5.

Red Ribbon Week activities

— PTSA Red Ribbon Week will be held Monday through Wednesday. Monday, there will be a door decoration contest. Students can start decorating this week and the judging will be done on Tuesday. The three top doors will win a prize for the class.

Students can decorate before school, during Cavetime or after school. Late bus will be on Tuesday, Wednesday and Thursday at 4 p.m., which students can use if they stay after school. Students may "Sock it to Drugs!" by wearing crazy socks to school.

The PTSA is also sponsoring a Drug Free Commercial contest. Students can make a 90-second commercial. They may pick up entry forms in the front office. No more than eight people may work on each commercial. Everyone who participates will receive a prize, and the top three commercial winners will receive bigger prizes. The commercials will be shown on the TVs in the commons the week of Oct. 18 to 22. The students will vote on Oct. 25 to decide the winners.

Tuesday, students are invited to "Tie" one on against drugs (wear a crazy tie to school). Basketball Drug Free Throws will be in commons during lunch with the impaired goggles. Candy jars guessing game will be held during lunches. There will be a balloon launch during Cavetime.

Wednesday will be Spirt Day and students are encouraged to wear school colors. There will be Basketball Drug Free Throws in commons during lunch with the impaired goggles. Candy jars guessing game will be held during lunches. Former Miss Utah Heather Anderson will be at the Cavetime activity, replacing the movie. She will tell the story of her brother who died from the use of drugs.

LEHI

Utah Angus ranking — Steve Smith, of Lehi, ranked as seventh largest in registering the most Angus beef cattle in Utah, having recorded 75 head of Angus with the American Angus Association during fiscal year 2010, which ended Sept. 30, according to Bryce Schumann, CEO of the American Angus Association.

Angus breeders across the nation in 2010 registered 297,087 head of Angus cattle. The American Angus Association, headquartered in Saint Joseph, Mo., is the largest beef registry association in the world in terms of both annual registrations and active members. For more information about the Angus breed, go to www.angus.org.

WILLOWCREEK MIDDLE SCHOOL

School photos — Picture make-up day for students will be Wednesday.

Advisory activities — Students who are current on their homework and have passed walk-away tests may choose from a variety of educational workshops and demonstrations during Tuesday afternoon advisory periods.

After-school tutoring — Faculty tutors will be available each Tuesday for students who need extra help on any subject. A late bus will be provided.

MAPLETON

Winter parking — With winter just around the corner it is time to remove all boats, trailers and vehicles parked on the side of the roadway. During the months of November through March, it is illegal to leave any vehicle parked on the side of the road between the hours of 11 p.m. and 6 a.m. In addition, you cannot leave your vehicle parked, during any time of the year, on the side of the road for more than 48 hours without moving it. The city's street sweeper will be coming through the neighborhoods to clean out the gutters before winter. Also, the snow plow trucks will need to have the vehicles off the street, so they can plow the roads effectively and not damage any vehicles.

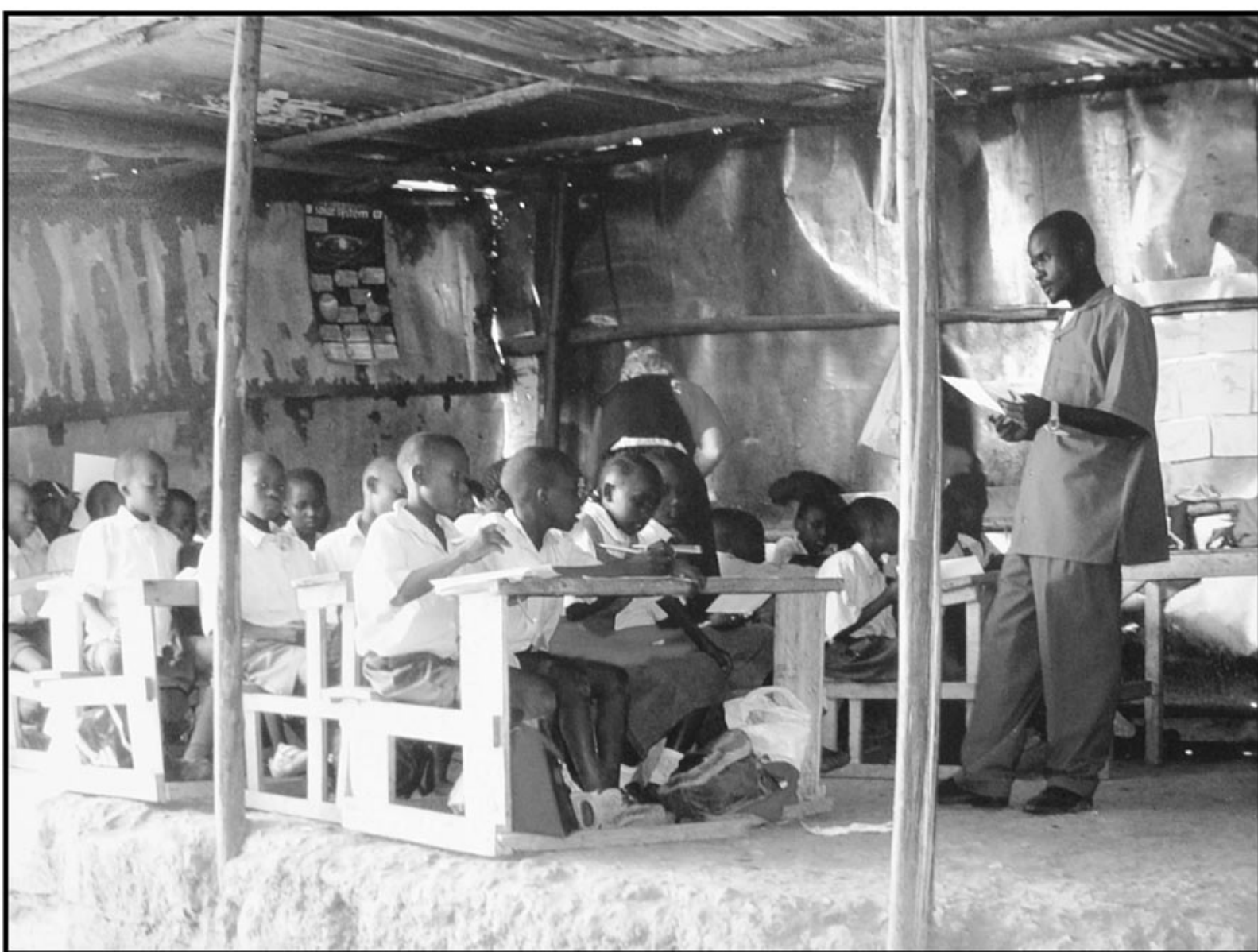
OREM

Orem Reads

Stories of monsters, dragons and magicians are as old as time. On Friday, Timpanogos Storytelling Festival presenters and professional storytellers Steffani Raff and Cherie Davis will bring these tales to life at Orem Public Library as part of the Orem Reads program. This event will begin at 7 p.m. in the library's Storytelling Wing.

For more information, visit the Library's website at www.oremlibrary.org. Funding for Orem Reads comes in part from the Utah Humanities Council Book Festival. The Utah Humanities Council promotes understanding of human traditions, values and issues through informed public discussion. Additional support for Orem Read programs in local schools was provided by

ALPINE



Courtesy photo

Students at Candle Light School in Kenya. They are a sister school to Alpine Elementary School.

Students learn about sister school in Kenya

Ashley King

CORRESPONDENT

African drummers and Lilian Odiero, a delegate from Candle Light School in Kenya, greeted Alpine Elementary students on Wednesday, which began a day of learning about African cultures and participating in native activities.

Activities for the day were varied, but they kept students focused on the culture of students at their sister school and reminded them how fortunate they are.

After an assembly featuring Voice of Africa, a group of Africans who have moved to Utah and are trying to share their culture, Alpine students spent class and physical education time learning games and dances.

The past few years the students have been helping a school in Africa improve its lunch program, and this year, Alpine Elementary students raised money to buy bananas and peanut butter and jelly sandwiches for the students in Africa.

"I learned that in Africa they're really struggling, and that by doing this we're really helping them," said sixth-grader Camden Reinwand.

"We have a sister school in Kenya, Candle Light School, where the students are orphans or destitute — we are trying to help them with a feeding program, which is one of their primary needs at this time," said Neeta Fraser, a member of the School Community Council.

"I helped the Candle Light School get bananas," said sixth-grader Tamilyn Hogan. "I think it helps them feel better to eat something besides mush."

Odiero, a native of Kenya, trains teachers at the Candle Light School. She came to Alpine to receive additional training and to thank the students of Alpine for helping improve the food program for her students.

"It helps a great deal," said Odiero. "There has been a consistent lunch program, and that helps them be ready to learn."

"This year we had the students bring in change," said principal Cami Larson. "The coins are used to provide food for Candle Light School. Sometimes that's the only real meal that these students receive."

Students raised more than \$2,000,

which will provide a banana each week and a peanut butter sandwich each month with money left over. The excess money will go into the feeding program at the school.

Odiero also spent Wednesday teaching students songs and games from Africa.

"Children in Africa sing while they play games, so we will learn a song to sing while we play," she told the students.

Each student was given a ball to pass around the circle while they sang, trying to keep the rhythm and beat. Odiero said the songs the students learned were about how to change the world and be heroes because they have been heroes for the Candle Light School.

"They are heroes [at Candle Light School]. They are heroes in Alpine," Odiero said.

Marilyn Clark has grandchildren at Alpine Elementary and close connections to Odiero. She said she hopes that this will help the students feel a greater connection to African cultures.

"It opens them up to different cultures," Clark said. "Then they hear a story about Zambia or Kenya or see something on the news, and they feel a connection."



Walmart, Macey's Market and Harmons Grocery.

Utah Valley Civic Ballet

On Oct. 18 at 7 p.m. the Utah Civic Ballet Company will perform selections from Shakespeare's "Romeo and Juliet" as part of the Orem Arts Council Presents program. This performance, held in the Storytell-

ing Wing of the Orem Public Library, will be a combined effort by the Civic Ballet and the School of Ballet Arts and is sure to be a fantastic event for the whole family.

The School of Ballet Arts is Utah's only accredited International Ballet Program through Royal Academy of Dance based out of London. Dancers from this school frequently go on to perform with Ballet West. Orem Arts Council Presents is a series of free, family-friendly art events held locally in Orem. For more information on these and other events, visit the city's arts website at <http://arts.orem.org>.

PLEASANT GROVE

PLEASANT GROVE HIGH SCHOOL
Viking homecoming — The Homecoming Dance will be today at the school from 8:30 to 11:30 p.m. Tickets are \$30 per couple at the door. This year, enjoy a Mediterranean evening with the theme, When in Rome.

VALLEY VIEW ELEMENTARY

Red Ribbon Week — Monday through Wednesday, the PTA will be sponsoring a variety of fun and memorable activities to help students say "NO" to drugs and alcohol.

SARATOGA SPRINGS

Fundraiser — Saratoga Springs Library Board members are asking city residents to contribute a one-time donation of \$5 per person in their family to reach their goal of

\$100,000 extra money needed for the new library's initial book budget. Contributors will have their names permanently displayed on the library's Founding Families wall for a donation of \$250. Donations are being accepted at Bank of American Fork, Saratoga Springs branch, or online at www.saratoga-springs.net.

SPANISH FORK

PI system shuts down for winter — The pressurized irrigation system will be shut off on or around Friday, so plan your watering schedules accordingly. When the system is shut down, be sure to turn off your sprinkler system, open any manual drains, and also be sure to close the main valve in your PI box. This will prevent unintended flooding in the spring, and may help avoid frozen and broken pipes this winter.

Every season, it seems that a handful of residents forget these important steps and suffer unnecessary flooding. In order to close your main valve, open the PI box that is located somewhere in the yard, typically near the sidewalk or street. When you open the lid, be sure to keep an eye out for spiders that like to hide in these kinds of spaces. To close the valve, turn the handle so that it is perpendicular to the pipe. Then replace the lid, making sure that it is securely in place.

Scarecrow Contest — This annual contest needs your involvement — your vote will decide the winner. Go to www.saratoga-springs.net

and place your vote. The winners of the scarecrow contest will be announced on Oct. 30 at Memorial Square Park at 2 p.m. The Chamber will also sponsor a Main Street Trick or Treat on Oct. 30 from 1 to 3 p.m. downtown.

UTAH COUNTY

Drug Take Back

A free "Prescription Drug Take Back Event" will be offered today from 10 a.m. to 2 p.m. throughout Utah County. Utah leads the nation in prescription drug abuse and 70 percent of Utah youth abusing pain relievers say they get them from friends or relatives, typically without their knowledge. By participating in this event, you can help reduce the availability of medications for abuse by properly disposing of unused medications. The following locations will be picking up unused medications:

- **Lindon:** Walker's Phillips 66 at 25 S. State Street
- **Pleasant Grove:** Walgreens at 815 W. State Road
- **Orem:** Walgreens at 763 N. State St.
- **Payson:** Walgreens at 132 N. Main St.
- **Provo:** Walgreens at 1315 N. State St.
- **Saratoga Springs:** Walgreens at 1410 N. Redwood Road on the corner of Redwood Road and S.R. 73
- **Springville:** Springville City Center at 110 S. Main St.

For other locations and information, see www.CleanOutTheCabinet.org, or call (801) 851-7181 or (801) 851-7127.

Utah Valley Pediatrics

Brian C. McCune, M.D.

Experienced Pediatrician Opens Office in Saratoga Springs!



Dr. McCune relocated from Cedar City, Utah after working for several years and serving as the Pediatric Clinical Program Chair at Valley View Medical Center. Dr. McCune will begin seeing patients October 4th. Schedule your appointment today!



To schedule an appointment with Dr. McCune, call (801) 407-6500

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