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Firefighters practice structure protection



Colin Higgins and Captain Max Doshier execute a structure protection drill in The Canyons parking lot on Thursday, July 22. The exercise is designed to train firefighters to move quickly and efficiently from building to building. The fighters spread a blend of foam and water that sticks to the side of structures and delays the spread of fire.

ERIK DAENITZ/PARK RECORD

Dental Health Tips

Should You Get A Second Opinion?

While many patients may never question their dental care, some are choosing to seek a second opinion when they aren't comfortable with their provider, the diagnosis, or their treatment options.

Dentistry is both an art and a science, there are many acceptable ways to approach and treat the same problem. It is important to find a dentist who will take the time to explain the treatment recommended and provide you with different options.

ASK QUESTIONS!
Do not be intimidated to ask questions. After all, this is your health and your investment. Asking questions will help put you at ease. If your dentist seems annoyed or unable to answer your questions, this would definitely be an indication to seek a second opinion. Another red flag would be, if you have maintained your dental health with regular check-ups and cleanings and upon seeking the opinion of a new dentist, you are told you have extensive work to be done, this too would be an

indication for a second opinion. Here are a few questions you should ask your dentist and a couple of things you should be looking for:

- * How long has your dentist been practicing?
- * What school they went to?
- * Ask to see their license.
- * What experience do they have with the procedures they are recommending?
- * Take a look around the office and ask yourself is it neat, or do you like how the front office deals with your requests.
- * Most importantly- Do you feel comfortable with the dentist and staff?

Often a second opinion is not about finding a new provider, but an opportunity to gain confidence with your current provider. The cost of obtaining a second opinion, depends on the office you select. Here at Park City Dental Spa, we will gladly provide you with a complimentary second opinion. We will let you know whether the treatment that was recommended to you is the best

Park City **Dental Spa**



option for your particular case.

ECO-TIP - Shopping Bags: While shopping, if you only buy a few products skip the shopping bag. For larger purchases, bring your own bag. Please skip the plastic bag whenever possible.

* If you have any dental questions, please send me an email at info@parkcitydentalspa.com

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Former Parkite dies in Ky.

Walters owned Nativo on Main Street

By **ZACH MURDOCK**
Record Intern

Park City business owner Danna Walters, 59, died Sunday in her home town of Pikeville, Kentucky. During flash flooding in eastern Kentucky this week, Walters was drowned at a Pikeville pond.

In Park City, Walters was

known for her high-end women's clothing and home decor boutique, Nativo, which was a staple on upper Main Street for nearly ten years.

"She had quite an aesthetic imprint on Main Street," said Joanna Charnes, friend and loyal patron of Nativo.

Nativo closed about four and a half years ago, and Walters moved back to her hometown in Kentucky. Charnes said Walters had just received an occupational therapy license before she died.

"She was embarking on a whole new phase of life helping others," Charnes said.

Walters graduated with degrees from the University

of Puget Sound and Pepperdine University. An obituary published in the Lexington Herald in Kentucky highlighted her design to learn and love of nature and style.

Walters worked as director of operations at Williams Sonoma and was a founding director of the Pottery Barn catalog, which won several national awards, said the obituary.

"Danna was a lovely individual, extremely sensitive, she had somewhat of a fragile soul," Charnes said.

In the obituary, the family requests in lieu of flowers, memorials be made to the Appalachian SPCA.

Humanities grants available

Submitted by the Utah Humanities Council

The Utah Humanities Council announced the continuation of an initiative called We The People. Funded by a

special appropriation from Congress to the National Endowment for the Humanities, We The People supports programs that explore significant events, people, and themes in American history.

Proposals for We The People funding will be evaluated through UHC's established grant review process and must meet already established guidelines posted on UHC's website, www.utahhumanities.org/Grants.php. Funding may be sought through the Major Grant, Quick Grant, or research fellowship application process.

Any non-profit organization, institution, or group, whether or not incorporated or tax-exempt, is eligible to submit a proposal for a We The People grant. Potential applicants include colleges and universities, libraries, museums, historical societies, professional associations, agencies of state and local government, community organizations, public radio and television stations, and ad hoc groups. Co-sponsorship by two or more organizations is encouraged. Funding through UHC is not available to individuals.



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